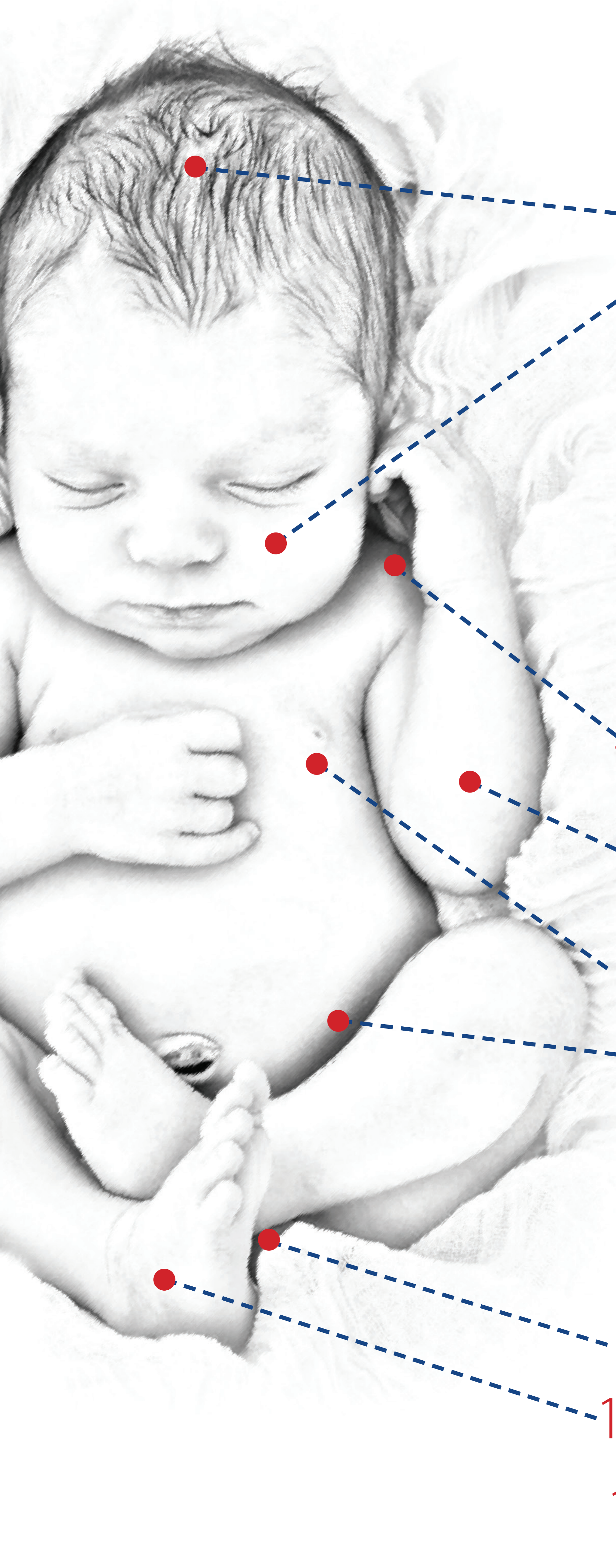


NEWBORN HEAD TO TOE EXAMINATION



INDICATIONS OF HEALTHY BABY

INDICATIONS FOR FURTHER INVESTIGATION OR FOLLOW-UP

1 General Appearance

SKIN

- Pink, no breaks, absence of any visible lesion

- Bluish, pale or yellowish multiple haemangioma on nose, forehead or over spine

RANGE OF SPONTANEOUS MOVEMENT

- Limbs can be fully stretched and moved in all directions

- Limited range of movement

MUSCLE TONE

- Both sides move with equal ease
- No abnormal movements

- Floppy, asymmetrical movement on either side

2 Head

FONTANELLE AT THE FRONT AND BACK OF HEAD

- In level with the rest of the head and pulsating

- Bulging or sunken fontanelle

3 Face

STRUCTURE, FEATURES AND MOVEMENTS

- Symmetrical, movement on both sides

- Asymmetry on face while crying

EYES

- Normal size and structure, equal distance from the nose bridge on both sides

- Secretions from eyes, redness of the eyes

NOSE

- In the centre of the face, straight bridge of the nose
- Both openings symmetrical

- Nostrils widen while breathing (nasal flaring), nasal opening partially or completely closed

MOUTH

- Symmetrical mouth at rest, while crying and smiling, lips symmetrical, intact roof of the mouth (palate)

- Cleft palate, cleft lip, drooping mouth

EARS

- Well-formed external ear, symmetrical in size and position

- External ear absent or is small, secretions or draining from the ear

4 Neck

STRUCTURE AND SYMMETRY

- No swellings
- Symmetrical

- Swelling or mass visible

5 Shoulders, Arms & Hands

- Both sides symmetrical, proportionate, five fingers on both hands

- Both sides asymmetrical, more than five fingers in either or both hands
- Any other visible deformity

6 Chest & Respiratory Systems

CHEST

- Symmetrical shape

- Asymmetric shape and chest in drawing

7 Abdomen

- No presence of any lump, intact abdominal wall
- No oozing from the umbilicus, no tenderness

- Enlargement of any abdominal organ, hernia, distended abdomen
- Swelling or redness at the base of the umbilicus

8 Sex of the Baby

EXAMINE EXTERNAL GENITALIA

- Male genitals: Penis with foreskin. Both testes present, scrotum normal skin coloured and symmetrical in size
- Female genitals: Normal clitoris & labia

- Unclear genitals
- Both sides testes not in the scrotum, size different on the two sides or is discoloured

9 Anus

- Anus opening visible

- Closed anus opening (imperforate anus)

10 Lower Limbs

- Both legs and feet symmetrical, five toes on each foot

- Club foot or any other abnormality of the feet or legs

11 Neurologic

- Absence of any swelling at back along the spinal cord

- Spina bifida, Meningomyelocele