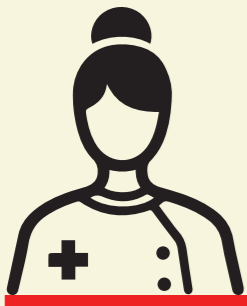


PIN GIRL



HEAD END

- Check airway
- Check breathing
- Administer oxygen
- Sublingual Misoprostol
- Keep flat
- Note times of relevant events
- Reassure woman



ARM(S) END

- Check pulse and BP
- Gain IV access with wide bore needle
- Send samples for CBC, clotting, cross matching
- Start fluid resuscitation
- Give drugs - (such as Oxytocin)
- Aortic compression - consider

**START
HERE**

AT PERINEUM

- Call for help
- Massage uterus
- Coordinate with helpers at head and arm(s)
- To catheterise bladder
- If atony, apply bimanual compression
- Consider foleys tamponade
- Review causes (s) of PPH - 4Ts (Tone, Trauma, Tissue, Thrombin)
- Refer

CBC - Complete Blood Count
PPH - Postpartum Hemorrhage

Adapted from "ALSO, Obstetric Drills"